



UNIVERSITY OF TORONTO

## School of Physical and Health Education

DIRECTOR:

DR. E. STANLEY RYERSON

Professor of Health Education

1943-44

43.1

## Plan Course For Leaders

Toronto Professor Loan-  
ed By University For  
Refresher Instruction

To help meet a need for the train-  
ing of leaders, the National Council  
of the YWCA, in co-operation with  
the YWCA's across Canada, has



MISS DOROTHY JACKSON

arranged to present a three-day  
course in physical education and re-  
creation in six centres in Western  
Canada. The course will be open  
to teachers, students, group leaders  
and recreational leaders, both pro-  
fessional and non-professional.

The National Council of the YWCA  
has secured the services of Miss Dor-  
othy N. R. Jackson, B.S., M.A., assist-  
ant professor of physical education,  
University of Toronto, who has been  
loaned by the University of Toronto  
for this project. She was formerly  
member of the staff of the Margaret  
Eaton School and physical director,  
YWCA, Winnipeg.

The other instructor is Miss Zer-  
da Slack, B.A., secretary for health  
education, National Council, YWCA,  
who was formerly physical director  
for women, Mount Allison Univer-  
sity; assistant physical director for  
women, McGill University, and phy-  
sical director, YWCA, Montreal.

The three-day course will include  
instruction in limbering and relaxing  
exercises, recreational dancing, team  
games, folk dancing, rhymes and  
rhythms, social games and discussion  
in counteracting fatigue.

Dates for the refresher courses are:  
March 15, 16 and 17, Winnipeg and  
Brandon at Winnipeg; March 22, 23  
and 24, Regina and Moose Jaw at  
Regina; March 29, 30 and 31, Calgary;  
April 6 to 12, Vancouver; April 2 to  
5, Victoria; April 14, 15 and 16, Ed-  
monton.

## Miss Dorothy Jackson To Direct Courses

Miss Dorothy N. R. Jackson, As-  
sistant Professor of Physical Edu-  
cation, University of Toronto, has  
been loaned by that institution to  
go with Miss Zerda Slack, Secre-  
tary for Health Education of the  
Y.W.C.A., to direct refresher courses  
in Winnipeg, Regina, Calgary, Van-  
couver, Victoria and Edmonton. The  
courses will be open to teachers,  
students, group leaders and recre-  
ational leaders with the idea of  
schooling women in leadership —  
need for which is being felt at  
present.

43.5



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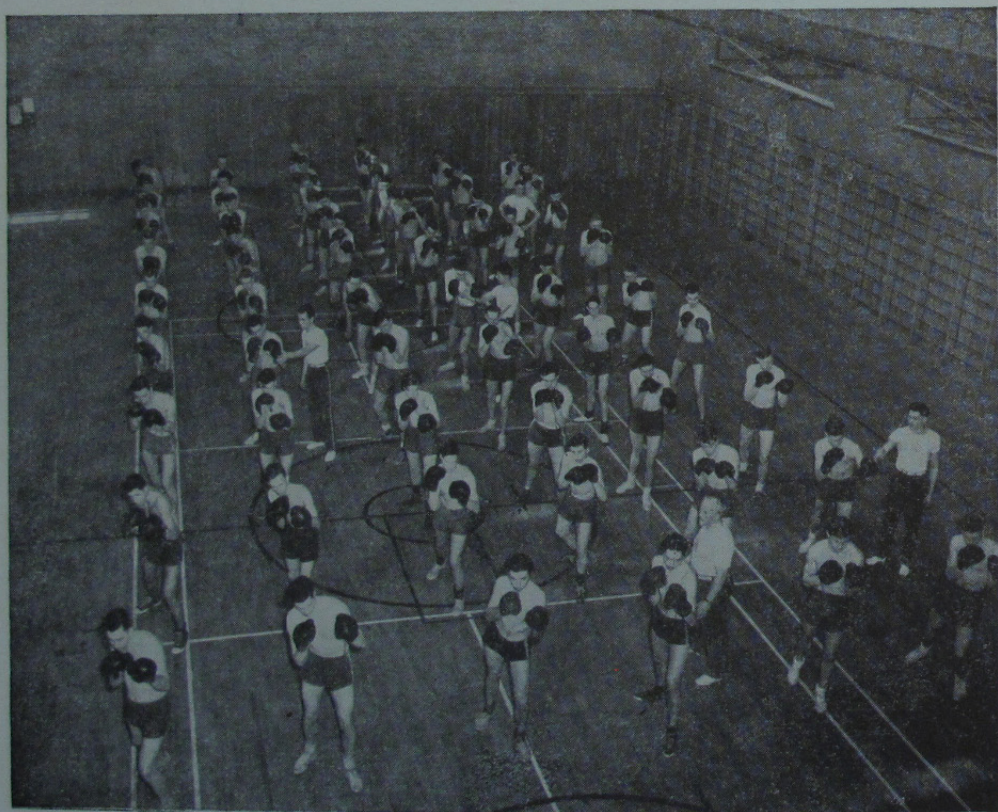
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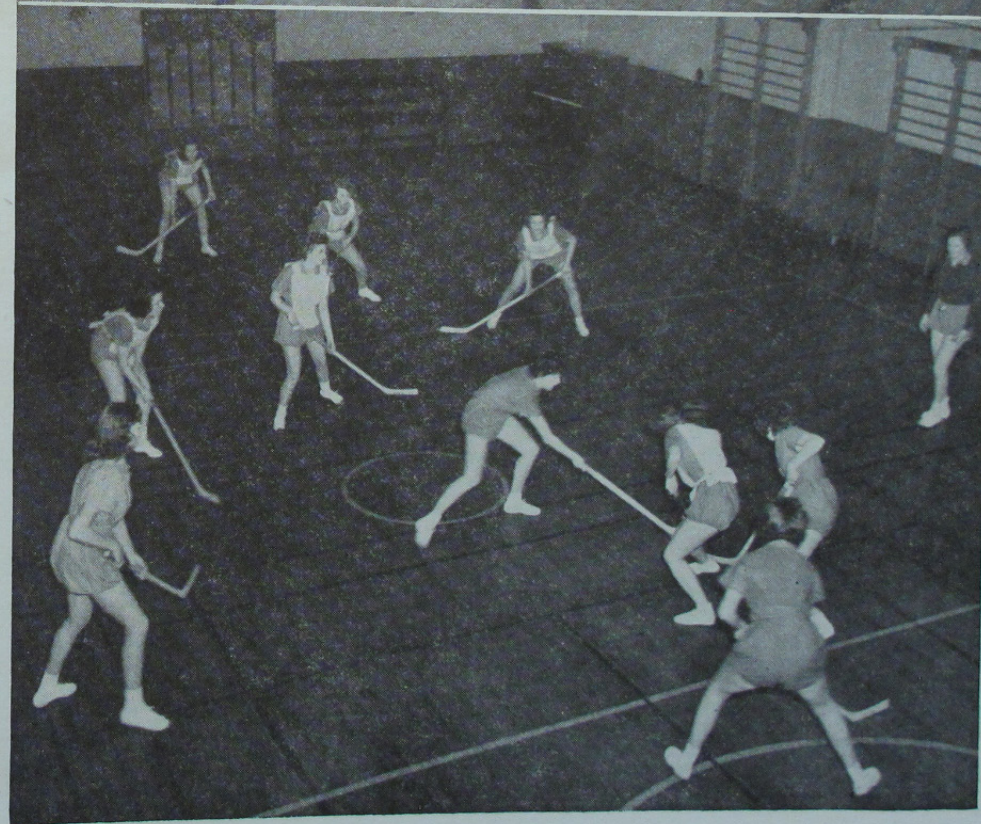
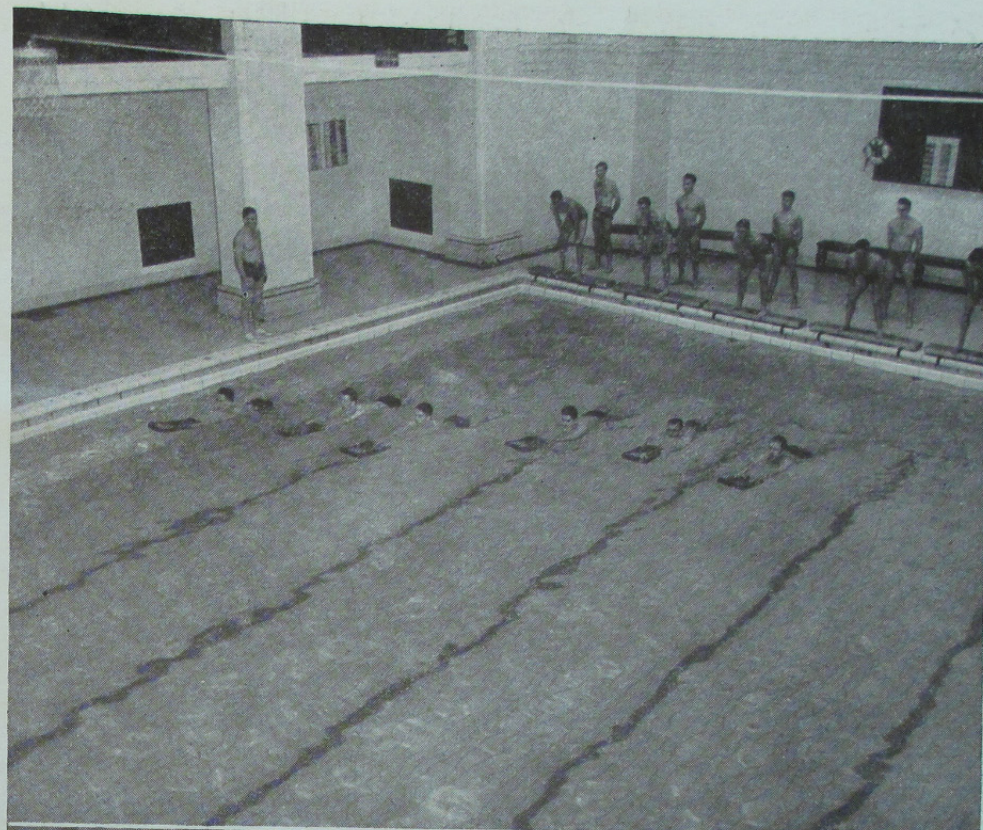
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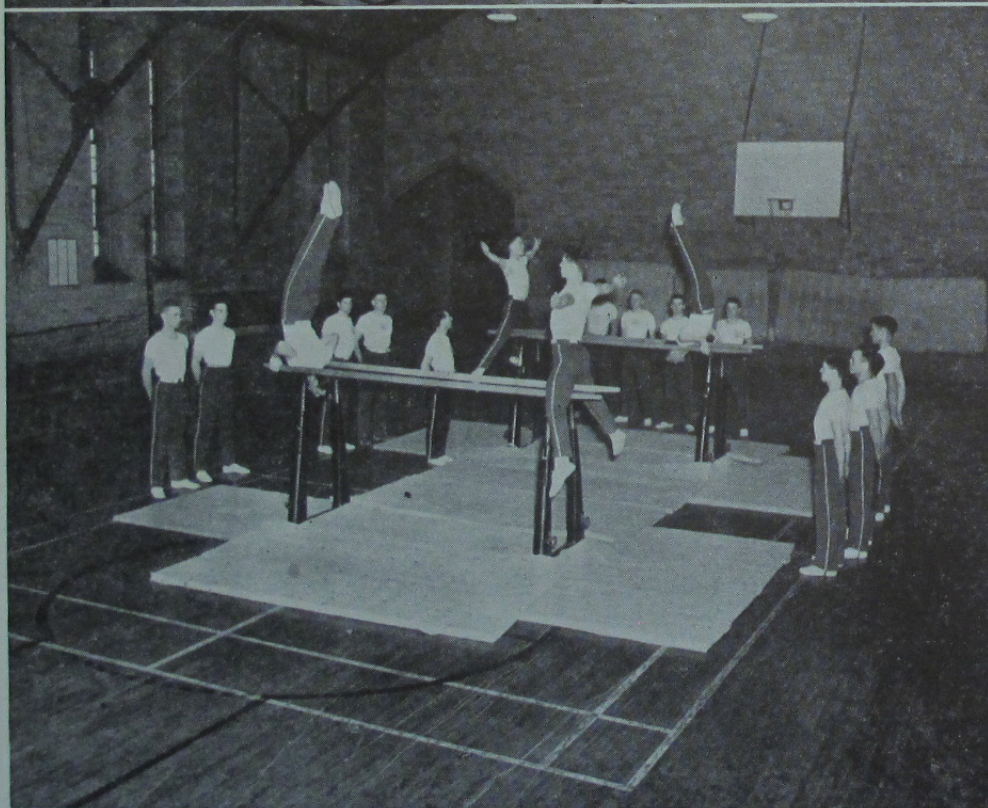
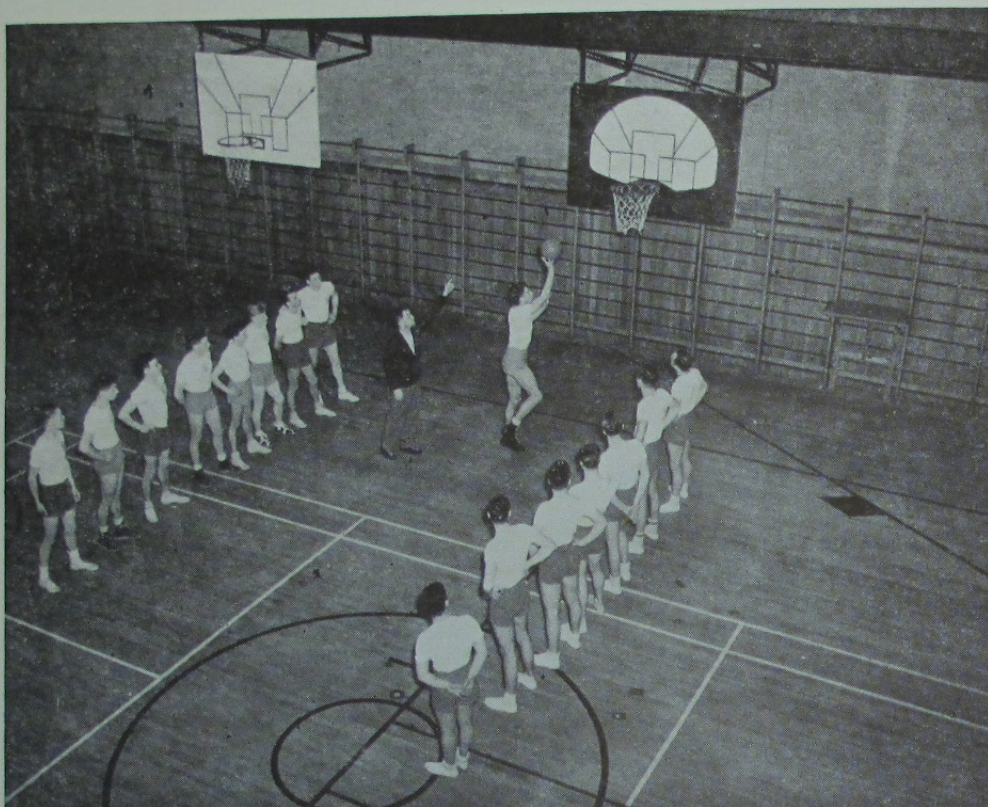
Dates for the refresher courses are: March 15, 16 and 17, Winnipeg, and

¶ The men students are fortunate in having the use of Hart House with its five gymnasia, its indoor track, its modern, regulation-size swimming pool, as well as its comfortable common rooms, library and art gallery. The women use the plant of the former Margaret Eaton School at 415 Yonge Street and the gymnasium at the Household Science Building. For men and women there are athletic fields and skating rinks. The School is to have its own library and already a nucleus of books and journals, charts and films is being secured.



¶ Women students have a unique opportunity in the Camp Counselor Course, given at Camp Tanamakoon in Algonquin Park in September of each year. Here they may learn how to trim a sail, to "paddle their own canoe", to cook an outdoor meal or build an overnight shelter. Here they are taught the principles of good camping and of camp counseling. This course is open to all university women students and to others who have the necessary qualifications. Write to the Secretary, 415 Yonge Street, for the camp folder and further information.





¶ There is something new at the University of Toronto that should arouse considerable interest throughout Canada. It is the triple-emphasis course for men and women that leads to the degree of Bachelor of Physical and Health Education. The first emphasis is academic, giving the student a thorough, scientific foundation for his technical knowledge as well as a cultural background. The second emphasis is practical and covers the various physical education activities and related subjects. The third emphasis is also practical. It teaches health, not from the negative standpoint of "no disease", but from the positive attitudes of rich, vigorous living, and it opens an entirely new field of health education to the student.

## ACTIVITIES

### FOR THE MEN

Games and Sports—Football, Soccer, Hockey, Basketball, Track and Field, Boxing, Wrestling.

Gymnastics—Exercises, Apparatus, Stunts and Tumbling, Group Relay Games, Individual Exercises.

Aquatics—Swimming, Diving, Life-saving, Water Games, Stunts and Canoeing.

### FOR THE WOMEN

Games and Sports—Archery, Badminton, Basketball, Field and Ice Hockey, Figure Skating, Lacrosse, Tennis, Volleyball, Group Games.

Gymnastics—Exercises, Apparatus, Stunts and Tumbling, Individual Exercises.

Swimming—Strokes, Elementary Diving, Life-saving, Ornamental and Stunt Swimming.

Dancing—The Modern Dance, Folk, Tap and other types.

Camp Counselor Course—During the month of September.

THE EVENING TELEGRAM, TORONTO, SATURDAY, JANUARY 3, 1942

## Feminine "P.T." Teachers Learn New Tricks



—(Telegram photos. Copyright, 1942)★  
Seventy-five women physical education teachers of Ontario and Quebec have just completed a Christmas vacation "refresher" course held at the Margaret Eaton School under sponsorship of the M.E.S. Alumnae. Left, Mrs. Molly Maw Purchase, instructor in apparatus work, demonstrates with Miss Gerry Ryan (below). Right, Misses Gwen Baalim and Blanche Wellman in the modern dancing class.

The Alumnae of the Margaret Eaton School

request the pleasure of your company at the

Annual Luncheon

held at

The Granite Club

63 St. Clair Ave. W.

Saturday, May the Sixteenth

nineteen hundred and forty-two

at one o'clock

R.S.V.P. before May fourteenth  
Miss Donna Smellie  
Rohatuk 6926

\$1.25

45.1

Miss Keyes



The Director and Staff of The Margaret Eaton School

request the honour of your presence

at the

Graduation Exercises

The Eaton Auditorium, May the twenty-second

at three-thirty o'clock

nineteen hundred and forty-two

45.2

Demonstration of Physical Education

by the Students of

THE MARGARET EATON SCHOOL

and the

SCHOOL OF PHYSICAL AND HEALTH EDUCATION  
UNIVERSITY OF TORONTO

Saturday, March 28th, 1942

PROGRAMME

1. APPARATUS WORK . . . . . II, III, IV Years and M.E.S.  
The Boom, Ropes, Horse, Box, Bars, and Flying Rings
2. GYMNASTICS . . . . . I Year
3. TAP DANCING . . . . . M.E.S. Group  
Triple Time Tap  
Sophisticate
4. FITNESS ON THE HOME FRONT . . . . . M.E.S.  
Agility in the Nursery  
Blackout Play Time  
Mobilization of Energy  
Conservation through Relaxation
5. RECREATIONAL DANCING . . . . . IV Year, M.E.S.  
The Victory Schottische  
The Four Step  
"Just Variety"  
Viennese Waltz

INTERMISSION

6. MARCHING TACTICS . . . . . M.E.S.
7. FOLK DANCING . . . . . II Year, M.E.S., IV Year  
The Royal Rider  
Scotch Sword Dance  
Pragska Polka
8. Games . . . . . I, II Year  
Rink  
Hit Pin Baseball
9. DANCE TECHNIQUE . . . . . M.E.S.
10. MODERN DANCE . . . . . M. E. S. Dance Club  
"We Give You a Toast"

MARCH ON

GOD SAVE THE KING

45.3

45

## P.T. TEACHERS RETURN FROM WEST

### Series of Refresher Courses by Local Pair

Miss Zerada Slack, secretary for Health Education of the National Council Y.W.C.A., and Miss Dorothy Jackson, assistant professor of physical education of the University of Toronto, have returned from a teaching tour of Western Canada. When there they conducted short refresher courses in physical education and recreation in Winnipeg, Regina, Calgary, Edmonton, Vancouver and Victoria, under National Council auspices.

Classes included recreational dancing, counteracting fatigue, limbering and relaxing exercises, rhymes and rhythms, social games, folk dancing and team games, and were attended by Y.W.C.A. and Y.M.C.A. secretaries, leaders, playground supervisors, army and air force officers, both men and women, public, high and normal school teachers and university staffs and students, Girl Guide officers, C.G.I.T. leaders, industrial representatives and others.

"Recreational dancing, being a new field, had an unusual appeal for every one," Miss Slack reports. Valuable meetings were had with the British Columbia Physical Education Association, the McGill School of Physical Education graduates, the University of British Columbia students, and Margaret Eaton School graduates. As an immediate result of the courses several special classes have been organized in the West.

## P.T. Course Part Of Tour

Miss Zerada Slack, Secretary for Health Education of the National Council, YWCA, and Miss Dorothy Jackson, assistant professor of physical education of the University of Toronto, have returned from a teaching tour of Western Canada. They conducted three-day refresher courses in physical education

and recreation in Winnipeg, Regina, Calgary, Edmonton, Vancouver and Victoria, under the auspices of the National Council, YWCA.

Classes included recreational dancing, counteracting fatigue, limbering and relaxing exercises, rhymes and rhythms, social games, folk dancing and team games. Attending courses were YWCA secretaries and leaders, YMCA secretaries, playground supervisors, men and women Army and Air Force officers, public school teachers, high school, Normal School and university staffs and students, Girl Guide officers, C.G.I.T. leaders, industrial representatives and others.

### M. EATON ALUMNAE

The first fall meeting of the Margaret Eaton Alumnae, at the home of Mrs. Greta Burden Smith, will be held on Sept. 17, instead of Sept. 10, as previously planned.

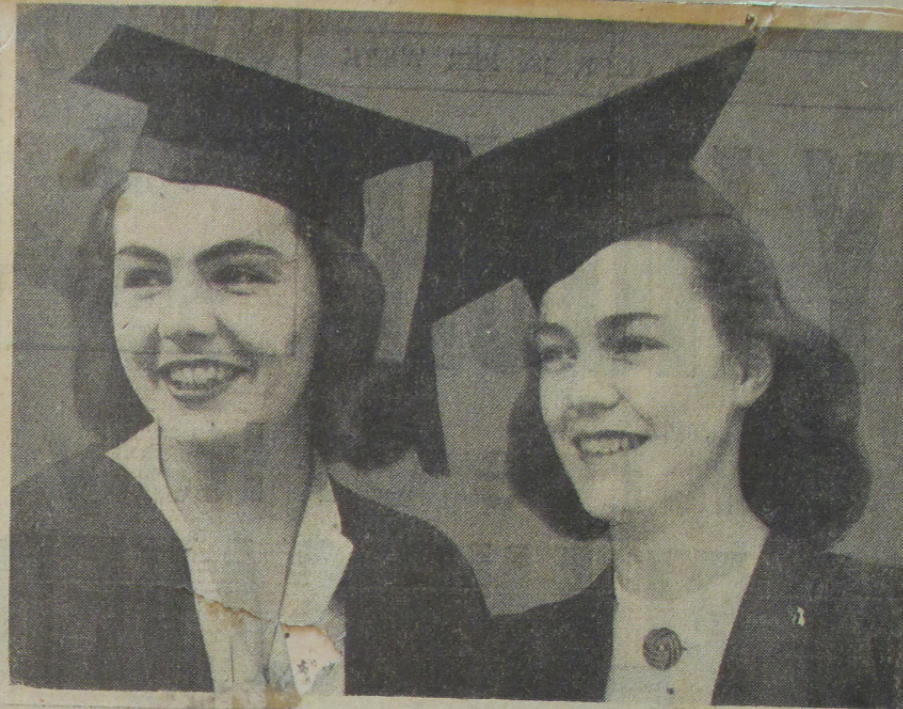
## Mrs. Heaton Is Re-Elected

### Margaret Eaton Alumnae Review Varied War Work

Mrs. E. S. Heaton has been re-elected president of the Margaret Eaton Alumnae Association, and Mrs. Lionel Conacher is vice-president. Miss Mary Elizabeth Wright is secretary; Mrs. W. A. McCatty, treasurer.

The annual meeting was held at the home of Mrs. Lionel Conacher, and reports showed that ditty bags for sailors valued at \$1,000 had been filled by the members. Soldiers' families were given baskets at Christmas, and the Victor Mission for Women was given a cash donation and four cots for the war nursery. Infants' clothing has also been sent to the mission. Donations were made to the British Minesweepers' Auxiliary. A drive is on at the present time for clothing for survivors' bundles. The group has recently completed a unit of surgical dressings for the Red Cross; made financial donations to the Red Cross campaign, Russian Relief, Chinese Relief and Greek Relief.

The alumnae reports 23 of its members on active service. Mrs. Fan J. Lee is nursing in Hong Kong, and Mrs. George Mark is with her husband, Dr. Mark, in unoccupied China.



"IT'S WORTH ALL THOSE HOURS OF STUDYING" Looking traditionally happy on their "big day" are Betty Allen, B.A., of Clinton, Ont., after receiving their B.P.H.E. (LEFT) of Rusholme Rd., degrees at University of Toronto convocation. The B.P.H.E. stands for Bachelor Physical Health Education.

THE GLOBE AND MAIL, TORONTO, FRIDAY, JUNE 4, 1943



In a celebrating mood after four years' work are these who were among those on whom were conferred degrees yesterday's convocation of the University of Toronto. Front row, left to right: Betty Allen, Zoe Christie, Betty Mortimer, Toronto. Back row, left to right: Doris McLaren, Kae Cunningham, Clinton, and Eileen Cumberland, Toronto.



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